

Community Chest Application Summary 2017/2018

Local Authority	St Edmundsbury Borough Council
Organisation	Unit Twenty Three ('Freefall')
Amount Requested	<i>£5,000</i>
Total Project Cost	<i>£70,997</i>
Match Funding	Private Fundraising Event & Donations: £3,000 In Kind Discount/Donations: £10,550
Partnerships	Suffolk Family Carers; John Peel Centre (Stowmarket); Creative Arts East; 20Twenty Productions; Arts North Norfolk and Bury St Edmunds Youth Forum
West Suffolk Bid?	No

Key Points

- Unit Twenty Three is a social enterprise aiming to support young people and creative enterprise.
- Freefall, is a powerful play developed by Young Carers and professional artists. Using Freefall as a stimulus, the Project will train Young Carers to facilitate postshow workshops, where Young Caring can be explored with Freefall's audiences.
- Project start: **15 April 2017**
- Project end: **Summer 2017**

Community Chest Grant Application Form Part A

Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01638 719763. Before completing this form, we ask you to please read the guidelines, which are available on:

<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:

richard.baldwin@westsuffolk.gov.uk

1. Name of your organisation(s):

Unit Twenty Three

2. Organisation address details

Address Ln1	Unit twenty Three		
Address Ln2	Diss Business Hub		
Address Ln3	Hopper Way		
City/Town	Diss	Postcode	IP22 4GT
Main phone	01379 882200	E-mail	kayt@unittwentythree.co.uk
Website	http://www.unit23.co		

Main Contact Person		Second Contact Person	
Title	Mrs	Title	Mr
Forename	Kayt	Forename	Emrys
Surname	Button	Surname	Green
Role	Operations Manager	Role	Director
Daytime Tel No.	01379 882200	Daytime Tel No.	01379 882200
Mobile No.	██████████	Mobile No.	██████████
Email	kayt@unittwentythree.co.uk	Email	emrys@unittwentythree.co.uk
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	

Town		Town	
Post Code		Post Code	

About your organisation

3. What local authority area(s) does your organisation work in?

Norfolk, Suffolk, Cambridge and Hertfordshire

*Community Chest funding is offered by both Forest Heath and St Edmundsbury councils. As the decision making process is different any projects applying for funding across West Suffolk, must apply separately.

4. What is the status of your organisation?

Registered charity		Charity number:	
Applying for charitable status			
Company limited by guarantee	x	Company number: 08564486	
Community Interest Company			
Part of a larger regional or national charity (Please state which one)			
Constituted Community Group			
Social Enterprise	x		
Other (Please specify)			

5. How many people are involved in your organisation?

Management committee	3	Service users	
Full Time staff / workers	2	Volunteers and helpers (non-management)	8
Part Time staff / workers	1		

6. What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives and who primarily benefits from your organisation.

Unit Twenty Three is a social enterprise aiming to support young people and creative enterprise. We undertake to promote the voice of young people through creative activities, using this as a way of upskilling and building self-esteem, confidence and resilience in young people.

We undertake commissioned projects which help young people develop a range of life and employability skills. Our young associates programme does this through training and mentoring young people through event organisation. Starting with small events through to actively organising DissFest' they learn to plan, budget, communicate and co-ordinate public facing events of all kinds. We are also involved in youth forum activities, helping to train and arrange

mentoring for young people to engage in civic life, particularly in their local communities. We also have a live theatre show which raises awareness of young carers and how their additional responsibilities impact all aspects of their lives. This professional production, Freefall, tours the East of England visiting schools and community venues. We are currently looking to expand our work through music and the blues rock academy, and also to help young people with mental health issues.

Maximum of 300 words

7. What was your organisation's total income for last financial year? £80186

8. What was your organisation's total expenditure for last financial year? £74668

9. Does your organisation have more than six months running costs? Yes / **No**

10. What are your organisation's current unrestricted reserves or savings? £2,000

11. West Suffolk prioritises building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

- A thriving voluntary sector and active communities who take the initiative to help the most vulnerable.
- People playing a greater role in determining the future of their communities.
- Improved wellbeing, physical and mental health.
- Accessible countryside and green spaces.

About your project – why are you applying for this funding?

12. What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation.

Freefall, is a powerful play developed by Young Carers and professional artists. We successfully delivered this as part of a package to schools and communities across East of England in partnership with young carer's organisations. We are looking to repeat this but include a series of Vlogs to create online resources which will engage people before they see the play and provide a legacy.

Using Freefall as a stimulus, the Project will train Young Carers to facilitate postshow workshops, where Young Caring can be explored with Freefall's audiences. By replacing stigma with status, and disseminating support packs and signposting to services, identified Young Carers will educate communities and

develop skills. Unidentified Young Carers will be encouraged to identify and enabled to access support. It also enables the friends and adults in young carers lives to understand how they are affected.

The project is working across 4 counties and is seeking local support to target individual areas.

We are specifically looking for support to cover the costs of touring the project (performances & workshops) for one week within the Borough during July 2017, making it as widely available as possible to the schools.

We will work with adult support workers from our partner care agencies; building on our existing consultations & development from the first year of work. We will also work with the West Suffolk council officers on outreach & engagement with both young people directly and local schools who will be directly invited to take part in the project through our partnership with Creative Arts East, the carer agencies & via Suffolk County Council.

In the long term we hope to further tour the project, engaging more young carers from West Suffolk in our training opportunities and bringing their voice to more schools.

Maximum of 300 words

13. How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

Research shows that young carers are likely to attain low educational success and be NEET (Children's Society, 2013) and as evidenced through the work with Suffolk's Raising The Bar initiative we believe that our targeted intervention work with affected young people will help to raise aspirations and attainment within the area.

Moreover, we have been working with Suffolk Family Carers to tailor the local community needs and have taken detailed feedback from Samuel Ward Academy to develop the work to meet the needs.

We have also worked closely with the Bury St Edmunds Youth Forum on their Happy Days campaign. The development of this shows how our Freefall work is needed and wanted within St Edmundsbury.

In St Edmundsbury there were 527 young carers identified in the 2011 Census and it is expected that there is a far greater number who remain unidentified despite the Joint Strategic Needs Assessment for Suffolk Carers in October 2014 stipulating awareness raising work with & in schools. Our project will bring such an identified need to the forefront and engage schools & their pupils in an innovate and unique way that will be much more impactful than a typical assembly.

Building on a successful first year, we want to be able to further help our

partner organisations identify, support and enable young carers to identify, and access services and help that will enable them to reach their full potential.

Feedback from the schools engaged this year stipulates that they want more of our work and our successful tour is testament to the need of the community. Feedback on the work from Samuel Ward Academy for example was "it was fabulous, a real success".

Maximum of 300 words

14. How will the project help local people to support one another?

We will be training young carers to facilitate the talk-out workshops. They will then support young people to self-identify & engage with support services provided by Suffolk Family Carers.

Our programme of work also ensures that teachers & community leaders become better aware of the support young carers need & the valuable impact they make to the community as an enabler and in economic terms (reducing long term care bills).

Our work can continue to support the community through the resources we create and share long after our workshops, although we are developing the project with further future tour ambitions too. The project has been designed in clear reference to the Healthy Schools Award; ensuring that our work contributes to the objectives and can be used as one source of evidence for schools making an application. The repercussions of this will be for local people to support their peers & schoolchildren on leading healthier lives. In our case this is focussed on mental health & wellbeing.

Schools receiving our project will also be able to use it towards their attainment of the Suffolk Young Carer Schools Award.

The approach of using high quality theatre with a large digital component, coupled with talk-out workshops & ongoing resources ensure that the work is memorable & innovative in the approach of sharing the messages.

We believe that with our approach of earlier planning, building on current relationships, and making the work accessible with your support, that we can engage more young people and gatekeepers and have a lasting effect.

Maximum of 300 words

15. Are you working with any other organisations on this project? **Yes / No**

If yes, please state the names of these groups and the nature of the relationship.

Suffolk Family Carers – We are working with SFC to ensure the voice of local Suffolk Young Carers are heard & that the relevant support services will be in

place for any identified young people through the project. They will also be another conduit to more schools within West Suffolk through their existing work.

John Peel Centre (Stowmarket) – Are working with us to provide local space for rehearsals and to commence our performance programme within Suffolk – being accessible to young people & families from St Edmundsbury in particular this enables us to reach those that may not have the opportunity through schools.

Alongside these organisations and others including, Creative Arts East, 20Twenty Productions, Arts North Norfolk, Bury St Edmunds Youth Forum who are providing expertise in audience participation through to direct contact with young carers to rehearsal space and how to engage hard to reach schools, we have developed good working relationships. These have helped to refine the project from its first year, and helped to develop an even better resource this year which include online tools to encourage further engagement before and after the live production and workshops.

Maximum of 300 words

16. When will the project start?

15/04/2017

17. When will the project finish?
project ongoing?

Summer 2017

or is the

If this is an ongoing project, how will it be funded and continue going when the funding ends?

Our project is phased and having reached 933 young people in 13 schools with good constructive feedback which has shaped this second year of the production. We have further developed engagement tools and now have stronger local partnerships which we want to continue to build upon.

Maximum of 300 words

18. Which years funding are you applying for?

2017

19. How many people do you expect to benefit directly from the project on either a weekly, monthly or annual basis?

1200 over the tour plus digital channels

20. What results (including targets/numbers) do you expect to see as a result of the funding and how do these relate to the Community Chest funding criteria? If your project is health related how does it improve health outcomes for residents within community networks and beyond?

300+ young people & Schools from the borough engaged – Preventative measure & support to early access of young carer support services (as per the Families & Communities Strategy Priorities)

Engage with 3+ third sector agencies involved in delivering support services for young people & young carers – developing cohesion & capacity of the networks to work together & support the local community.

20+ young people engaged in the development process of information resources & the production (community involvement in producing the work).

The young people engaged in the ongoing development process will help form a legacy for West Suffolk, with clear information & resource packs designed to support young people in West Suffolk. The improved knowledge & understanding of school teachers will have a profound impact on the support & attainment of young carers for years to come. We will work with Schools & local care agencies to encourage young carers champions, and to facilitate the dissemination of the latest information.

We have taken feedback from all community partners, audience members and young people in active format so that we can ensure they are fully engaged from the outset, to the participation, to the future shape of the project in preparation for returning again.

Our work will continue to be influenced by our partners within West Suffolk and by working with them to access more young people and establish community engagement through direct & representative methods. It has been found that the greatest impact on young carers is reached when the schools identified the people they wanted to be involved which has made the numbers smaller but the impact greater. This second year will involve both small groups and larger ones to maximise identification of hidden carers and maximise impact on young carers and their immediate network where they are identified.

Maximum of 300 words

21. What is the total cost of the project?

£ 70,997

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

Item or activity	Cost (£)
------------------	----------

Project costs	
• Project manager	£6,000.00
• Producer	£4,500.00
• Project Administrator	£2,500.00
• Contribution to production office/stationary	£500.00
Creative Team	
• Actress	£1,575.00
• Stage Manager (with Sound experience)	£1,840.00
• Director	£3,000.00
• Film Media Creation	£2,240.00
• Designer	£1,920.00
• Composer	£1,760.00
• Accommodation Costs for Rehearsals	£1,500.00
• Rehearsal Travel	£1,750.00
• Choreographer	£1,778.00
• Contingency @ 5%	£868.15
Production	
• Set Build and Materials	£1,800.00
• Props & Costume	£300.00
• Rehearsal Space	£2,300.00
• Marketing materials & online advertising	£1,150.00
• Show Insurance	£350.00
• Van Costs	£450.00
• Technical Set-up for rehearsal	£1,800.00
• Contingency @ 5%	£407.50
Touring costs	
• Performers Fees	£2,700.00
• Stage Manager	£2,760.00
• Tour Accommodation	£4,860.00
• Fuel	£660.00
• Van Hire	£2,520.00
• Tour Travel	£900.00
• Touring Technical Costs	£2,800.00
• Contingency @ 5%	£860.00
Training and all workshop expenses	
• Young Carers Training	£5760.00
• Workshop expenses and costs to support Young Carers	£5,400.00
• Contingency	£468.00
• Videography	£1020.00
Total cost of items listed above:	
	£70,997

22. How much funding are you applying to us for?

£5.000

23. What funds have you raised so far for this project?

Source	Amount (£)
Private Fundraising Event & Donations	£3,000
In Kind Discount/Donations	£10,550
Total fundraising:	13,550

24. What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
CIN	£10,000	December 2016
Awards for All	£10,000	December 2016
Forest Heath District Council	£5,000	January 2017
Other local trusts	£2,847	December 2016
ACE G4A	£15,000	
Total from Grant funding	£42,847	
School / local contributions from other touring areas (Earned income support)	+ £9,600	
Total:	52,447.00	

Funder	Amount (£)	Reason for funding
--------	------------	--------------------

Forest Heath DC	5,000	Freefall last year
Total:	5,000	

25. What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?